



a place of mind

THE UNIVERSITY OF BRITISH COLUMBIA

**POST-DOCTORAL
FELLOWSHIP IN
PROFESSIONAL
PSYCHOLOGY**

WELCOME

The University of British Columbia (UBC) Counselling Services is now accepting applications for two 12-month post-doctoral fellowships in professional psychology. Fellows will receive advanced training in clinical skills, case management, and programming and administration, collaborating as part of a multidisciplinary team and responding to the challenges facing professionals in university mental health services.

POST-DOCTORAL PSYCHOLOGY FELLOWSHIP PROGRAM

The post-doctoral fellowship is a one-year, full-time program typically beginning September 1 and finishing August 31. Fellows work a minimum of 40 hours per week, Monday through Friday, and receive a one-hour daily lunch break. Fellows are expected to meet the competency criteria of the program, which include a minimum of 1800 hours of supervised work experience.

The goals of the program are threefold: first, to provide a diversified and comprehensive training; second, to provide training in a variety of functions for those students who wish to pursue careers in a university setting and train within a framework in which individual fellows are assumed to have somewhat different goals and activity preferences; and third, to recognize and value the contributions of fellows, who bring current ideas, new interests and methods, and help the centre maintain healthy change and development.

Counselling Services staff embraces a training philosophy oriented toward supporting the professional development of each individual trainee. We believe that a broad understanding of therapeutic perspectives and resultant methodologies is essential to the development of a strong and professional counselling psychologist. Fellows participate in the full range of services provided by the centre. We are committed to assisting fellows with the development, enhancement, and integration of their own unique skills, interests, therapeutic orientation, and style.

COUNSELLING SERVICES' MISSION STATEMENT

Integral to the educational mission of the University of British Columbia, Counselling Services provides professional counselling services for the purpose of enhancing students' ability to attain their educational and career goals. The educational mission of the University is advanced most effectively through the integration of personal, academic, and career development. To facilitate growth in all three areas, and thereby maximize student success, Counselling Services offers a broad range of proactive/preventative, developmental/remedial, and crisis/emergency counselling services for UBC students.

Counselling Services further extends the educational mission of the University through the training and supervision of graduate level counsellors + fellows, program evaluation, investigative studies, and consultation to students,

faculty, and staff. In keeping with its commitment to pluralism, Counselling Services provides these services in a manner which is sensitive and responsive to the broad range of diversity within the student population, including, but not limited to, gender, race, culture, ability, and sexual orientation.

FELLOWSHIP ACTIVITIES

Responsibilities: conduct intakes and emergency appointments; provide individual, and group counselling within a brief model; provide emergency/crisis intervention; provide consultation with faculty, staff, and parents regarding student concerns; facilitate workshops and provide outreach and community development activities.

Supervision and training opportunities: participate in staff meetings, case management, and group supervision, and receive two hours per week of individual face-to-face supervision provided by a registered psychologist. Additional face-to-face supervision is available.

Multicultural competence: support and celebrate diversity. UBC is a very large institution that draws the world's finest students from more than 120 countries. Working in the University's counselling centre requires the ability to conceptualize a broad range of clinical issues from a multicultural perspective.

Stipend and benefits: CDN \$30,000.00 per annum. This includes four weeks of vacation, five days and \$500.00 for professional development activities, paid statutory holidays, sick benefits, and library privileges.

Qualifications: successful completion of a pre-doctoral fellowship in clinical or counselling psychology. Previous training in a counselling centre is highly desired. **Applications will be accepted after November 15 and the selection process will close once the positions have been filled.**

APPLICATION REQUIREMENTS

To apply, the following materials must be received:

- Cover letter stating your specific interests in our program, goals for post-doctoral training, summary of theoretical orientation, and counselling approach
- Current CV
- Three letters of reference, including at least one from a training coordinator of the pre-doctoral fellowship and one from a clinical supervisor
- Official transcripts
- Mock video of an initial counselling session (approximately 30 minutes)

Please send your application to:

Jenny Cormack

Administrative Coordinator

Counselling Services, UBC

1040–1874 East Mall

Vancouver, BC V6T 1Z1

Tel: 604.822.2014 or 604.822.3811

Fax: 604.822.4957

Email: jenny.cormack@ubc.ca

STAFF CONTACTS

Counsellors and Psychologists

- Cheryl Washburn, Ph.D., R.Psych. (University of Calgary), Director
- Renee Avitan, M.S.W. (University of British Columbia)
- Kirk Beck, Ph.D., R.Psych. (University of British Columbia)
- Karen Flood, Ph.D., R.C.C. (University of British Columbia)
- Jacky Gruter-Andrew, M.A., R.C.C. (Simon Fraser University)
- Jennifer Hollinshead, M.A., R.C.C., C.C.C. (City University)
- Lauren McBride, Ed.D., R. Psych. (Boston University)
- Jim Oulton, M.S.W. (Dalhousie University)
- Vanita Sabharwal, M.S.W. (University of Toronto)
- Whitney Sedgwick, Ph.D., R.Psych. (Suffolk University)
- Aneesa Shariff, Ph.D., R.Psych. (University of British Columbia)

Pre-Doctoral Interns

- Carolyn Burns, M.A. (Trinity Western University)
- Tanya Elez, M.A. (University of Winnipeg)
- Karen Hamill, M.A. (University of British Columbia)
- Megan Hughes-Jones, M.A. (University of British Columbia)
- Paulo Matos, M.A. (University of British Columbia)

Practicum Counsellors

- Naomi Adams, B.A. (Adler School of Professional Psychology)
- Kirsty Chase, B.A. (Adler School of Professional Psychology)
- Diana Jung, B.A. (Adler School of Professional Psychology)
- Anna Nakahori, B.A. (Simon Fraser University)

Administrative Staff

- Jenny Cormack, Administrative Coordinator
- Sara Doherty, Clinical Secretary
- Sherri Parnell, Clinical Secretary

SETTING

Set beside the sparkling waters of the Pacific Ocean on Canada's west coast, the University of British Columbia's 403-hectare campus is located a few kilometres from downtown Vancouver, a thriving port city of nearly two million people. Vancouver is Canada's third-largest city and offers all the excitement of a major international business centre, along with pleasant outdoor cafes, clean streets and safe, friendly neighbourhoods.

Surrounded by the majestic coastal mountains and ringed with broad, sunny beaches, Vancouver is a city of parks and gardens, which provide numerous sports and recreational opportunities year-round.

Cultural amenities abound in Vancouver, whether they are world-class art galleries and museums like UBC's Museum of Anthropology, or the major sports, film, theatre, and music festivals that take place in the city throughout the year.

Situated halfway between Europe and Asia, Vancouver is home to many people from different ethnic backgrounds who are encouraged, as are all Canadians, to maintain their own cultural lifestyles and religious beliefs. The city's numerous specialty food stores and restaurants cater to every taste.

Vancouver is 55 kilometres from the Canada–United States border, and an easy two-and-a-half-hour drive from Seattle, Washington. Vancouver International Airport is a major connecting point to North America as well as to Asia, Australia, Latin America, and continental Europe.

Getting around Vancouver is relatively easy, thanks to a reliable public transit system. Cycling is a popular mode of transportation for UBC students and faculty who live in residential areas close by the Point Grey campus.

Due to the moderating effects of warm Pacific currents, Vancouver's winters (December to February) are milder than other regions in Canada and spring comes early. In winter, the average temperature rarely dips below freezing. Summers (from late May to August) are warm but pleasant, with average temperatures of about 23 degrees Celsius. Regular rainfall during the late fall and early spring is a fact of life in Vancouver, but these gentle rains keep the city's gardens green and the air fresh.

(Adapted from "*Your Gateway to Knowledge*," UBC 1997.)

THE UNIVERSITY

Incorporated in 1908, the University of British Columbia is a global centre of research and learning, offering a comprehensive range of undergraduate, graduate (post-graduate), and professional programs. With more than 35,000 full-time students, UBC is the third-largest university in Canada. Students choose UBC because of our:

- International reputation for leading-edge research;
- Wide range of degree programs and specialized courses;
- Tradition of excellence and innovation in teaching and learning;
- Modern, high-tech facilities;
- Extensive international linkages and student exchange programs; and
- Commitment to student success.

UBC is one of the most influential research institutions in Canada. UBC faculty members attract millions of dollars in research grants and contracts annually, and 80 percent of all university research in British Columbia is conducted at UBC. UBC researchers participate in each of the 14 networks funded by the Canadian government's Networks of Excellence Program.

The University's motto, *Tuum Est – It's Yours*, reflects the wealth of opportunities available at UBC. The University offers instruction in 12 faculties and 10 schools, providing studies in all the major disciplines and professions. UBC's Faculty of Graduate Studies offers masters' and doctoral-level studies and administers a number of interdisciplinary research centres and institutes. Diploma programs are also offered in certain specialized courses of study.

Over 700 non-credit courses to enhance personal and career development are offered through UBC's division of Continuing Studies. The English Language Institute in Continuing Studies offers short-term academic preparation and communication courses for speakers of English as a second language.

UBC's more than 5,100 faculty are leaders in their fields, dedicated to continuing UBC's tradition of excellence in teaching and learning in laboratories, lectures, and seminars.

UBC has one of the largest research libraries in Canada with extensive print and electronic collections of our over nine million items, including non-book items such as CD-ROM and online databases. The library operates twenty branches and service divisions including the brand new state-of-the-art Walter C. Koerner Library that focuses on the humanities and social sciences collections.

UBC has established an extensive network of international linkages with overseas universities through student and faculty exchange programs, research collaborations, and program development.

UBC welcomes visiting students at both the undergraduate and graduate level.