Science Peer Academic Coaches (SPAC) position description

Due to the ongoing impacts of the COVID-19 pandemic, the details of this role may change during the planning process for the 2021/2022 academic year. We anticipate that this role will begin virtually. There may also be both in-person and virtual components in 2021W Term 1 and 2, depending on provincial safety measures and the university's approach to learning throughout the academic year. If you have questions about what this might look like, including your individual circumstances for the 2021/2022 academic year, please contact the Science Peer Academic Coach Advisor, Cecilia Langill (cecilia.langill@ubc.ca).

Role overview

The Science Peer Academic Coaches (SPAC) are a group of dedicated Science students who provide individualized support in the form of a one-on-one, strengths-based conversations with fellow students. This includes utilizing open-ended questions and active listening to ensure that the student's concerns, problems, or issues are heard and fully understood. The coach will then work with the student to create a plan of action that addresses the unique needs identified during the coaching conversation. This may also involve making referrals to a variety of campus resources in order to ensure the student is receiving the best support. Following the conversation, the coach will continue to check in and follow up if needed.

Organizational Relationship

The Science Peer Academic Coaches are a group of Science students who are interested in supporting, enhancing, and developing the academic experiences of their peers and building a sense of community within the Faculty of Science. SPAC is a student-driven team that works directly with the Student Engagement Coordinator in the Faculty of Science, Dean's Office.

Primary Functions

Provide excellent service to Science Students through:

- Participating in the one-on-one coaching of students who have been connected with you through online registration, advising pairings, as well as drop-in coaching hours
  - This involves providing support for topics such as time management, exam preparation and taking, motivation, and study strategies.
  - This may also involve referring students to a variety of different services/resources across campus and in the community
- Supporting in the delivery of educational workshops to generate higher levels of academic success and address the needs of the student population
• Providing a warm, welcoming, and safe environment for any student from any faculty to discuss their academic and overall UBC experience.
• Contributing to a collaborative and supportive culture among all coaches hosting drop-in hours
• Actively looking for the needs of the Science student population and brainstorm ways to address them
• Helping develop a suite of digital resources to increase accessibility of our academic services and support to the greater Science student population

Engage in personal and professional skill development through:
• Developing competencies in areas including communication, teamwork, social and community organization, analysis and problem solving, initiative and motivation, willingness to learn and adaptability.
• Actively participating in experiences that are integrated into the training and leadership development curriculum for Science Peer Academic Coaches.
• Actively engaging in opportunities that are considered to be a part of the curriculum of leadership development for UBC Peer Programs, including key training sessions in April, September, and January.

Role model outstanding student leadership through:
• Embracing the role as an ambassador for student leadership and representative of the Science Peer Academic Coaches program.
• Conducting yourself in a way that is consistent with the Science Peer Academic Coaches’ values in workshops and coaching sessions
• Understanding the role that a Science Peer Academic Coach plays and actively participates with the Peer Programs Network within a larger scope of leadership on the UBC Vancouver campus.

Time commitments

Important Dates

You must be available for:
• Wednesday, July 7, 5:30 – 7:00pm PST – a chance to meet the SPAC team, ask questions, and build community with your peers
• Sunday, September 5 (exact time TBD) - Launch and Learn, a training session with Peer Programs
• Tuesday, September 7, 2020 for Imagine Day (all day) – to assist in marketing SPAC and our services to incoming new-to-UBC students. Please note, you’re still eligible to be an Orientation Leader; we can discuss how these two roles impact each other.
• Friday, September 10 and Saturday, September 11 (exact time TBD) – a training session to introduce you to foundational coaching techniques and leadership skills

Regular Meetings

Weekly on Wednesdays* from 5:30PM - 7:00PM (September – end of November, January – end of March).
*note: these meetings are mandatory and if you are a successful applicant, you will be required to clear your schedule of classes and other commitments during this time.
Note for students who have specialized or who are interested in a pharmacology specialization:

- Due to significant disruptions from the mandatory lab course, PCTH 302, also scheduled on Wednesdays, SPAC cannot consider applicants who are specializing in pharmacology.

Weekly Commitment

Successful candidates will be expected to prioritize their involvement on the SPAC team and must commit to a minimum of 5 hours per week (including the meeting mentioned above). Some weeks you may volunteer much more than 5 hours depending on your committees and events schedule. You will not be expected to volunteer during final exam season.

Your responsibilities include (but are not limited to):

- Helping facilitate study skills workshops and coaching initiatives throughout the year
- Participating in at least two, 1 hour drop-in coaching shifts per week.
- Other hours as required based on committee needs.

Desired skills and experience

- A strong academic background in the Faculty of Science (GPA greater than 70% in your most recent year).
- Excellent communication skills, demonstrated leadership and interpersonal skills.
- Demonstrated ability to take initiative, identify needs, and work independently and within a team to generate creative solutions.
- Demonstrate an openness to learn about yourself and others, while developing as a young professional.
- Be open to reflecting on your own experiences and be able to apply it to future experiences.
- Be able to meet all responsibilities, attend and engage in all mandatory training dates, and fulfill all expectations outlined above.

Benefits of participating in this role

Involvement in the University community

- Team members are part of a larger community in the Faculty of Science, as well as campus-wide, collaborating with SCI Team, SUS, Academic advisors, Career Services, Alumni, and other Peer Programs.
- Being a part of the Peer Programs network means that there will be increased opportunities for partnerships with programs and peers across campus and a chance to learn from individuals with various areas of expertise.

Develop a specific set of professional competencies including:

- Leadership skills in the areas of communication, team-building, personal and professional growth, diversity/awareness, and networking.
- Valuable leadership and teamwork skills in organizing and carrying out conferences and workshops and events.
- Tangible skills in group facilitation, event planning, program development, chairing meetings and taking minutes

Learning opportunities to further your personal and professional development
Through being a part of SPAC, you will be trained on how to effectively utilize accepted coaching practices to use in your 1-on-1 coaching interactions with students. This includes:

- Understanding how to apply active listening skills, paraphrasing, open-ended phrasing, powerful questions, results-based coaching framework, and the principles of S.M.A.R.T. goal setting
- Developing a reflective approach to your own coaching practice to identify strengths and determine areas of improvement

Contact information for questions

Please direct any questions to Cecilia Langill at cecilia.langill@ubc.ca. If you want to learn more about the program, please visit our website: spac.science.ubc.ca.