Patient reported outcomes (PROs) are gaining popularity in various medical disciplines as a mechanism to improve accountability and patient-centered care. PROs involve "the report of a patient's health condition directly from the patient without interpretation from the clinician or anyone else". PROs can be effective tools for characterizing symptom burden and health-related quality of life. Medical guidelines for many treatments do not account for variation in patients and provide large ranges for recovery and potential symptoms. The objectives of this study are to understand the common symptoms of post-operative kidney transplant patients using PROs and develop evidence-based guidelines for recovery. Since initiating the study in June 2018, 50 patients at Vancouver General Hospital have been recruited. After their operation, patients are asked to complete a recovery survey daily on the ward until discharged, weekly at the postoperative clinic, and then monthly for the remaining six-month period. Initial results show that recipients are most concerned about the operation going well, graft rejection, sleep, pain, fluid overload, and bowel movements. Donors are most concerned about pain and bowel movements. Some key findings include majority of recipients will not have an elevated temperature after day three, a third of recipients have a bowel movement by post-op day two, and 70% recipients are able to do short walks by day two. Longer term analysis is needed to evaluate the usability and applicability of PROs into clinical practice. Next steps are to increase recruitment, reduce variance through increased compliance, and compare results with clinical guidelines.

**Themes:**

Check (highlight) the most applicable theme according to the abstract.

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<thead>
<tr>
<th>Innovation and Technology</th>
<th>Health and Wellness</th>
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Comments:

You may want to credit the source of the quote in the second sentence as “As stated in _____, PROs involve the report of...” or paraphrase the definition yourself.